



Obesity Conference 2026 29th August 2026 Hilton Resort and Spa Mauritius Scientific Agenda

Join us for a day of learning as we welcome experts from the South Asia Obesity Forum, International Society of Endocrinology, Pakistan Endocrine Society and Bangladesh Endocrine Society as we delve into the latest updates on Obesity Medicine

Time	Session	Title	Speaker
08 00 - 09 00		Welcome Registration and Refreshments	
09 00 - 09 15	1	Opening remarks	Dr Mehjabeen Beebeejaun, President EDA Mauritius
09 15- 09 30		Obesity as a chronic relapsing endocrine disease	Dr Sanjay Kalra, South Asia Obesity Forum International Society of Endocrinology India
09 30- 09 45		Metabolic mindfulness	Dr Atul Dhingra, India
09 45-10 00		Integrating obesity care in existing health systems	Dr Nishant Raizada India
10 00 – 10 15		Panel discussion	
10 15- 10 45		Refreshment Break	
10 45- 11 00	2	Person centred care in Obesity	Dr Faria Afsana, President South Asian Federation of Endocrine Societies (SAFES) Bangladesh Endocrine Society Bangladesh

11 00- 11 15		Medical Nutrition Therapy made simple	Dr Lakshmi Nagendra, India
11 15- 11 30		Barocrinology- The role of glands in obesity	Dr Ritesh Agrawala, India
11 30 -11 45		Assessment of the patient with obesity Beyond BMI	Dr Arundhati Dasgupta, India
11 45 - 12 00		Panel discussion	
12 00 – 13 00		Lunch	
13 00- 13 15	3	Obesity in Women: PMOS, Fertility & Pregnancy	Dr Anjuli Gunness, Mauritius
13 15 – 13 30		Adolescent obesity	Dr Saptarshi Bhattacharya, India
13 30 - 13 45		Sarcopenic obesity	Dr Sambit Das, India
13 45- 14 00		The obese heart	Dr Amandeep Singh, India
14 00 – 14 15		Panel dicussion	
14 15 - 14 30	4	Normal weight obesity - what happens a decade later? Insights from the Kerala diabetes prevention program	Dr Nitin Kapoor South Asia Obesity Forum International Society of Endocrinology India
14 30 – 14 45		Diabesity: A South Asian Perspective	Prof Azizul Hasan Aamir Pakistan Endocrine Society Pakistan
14 45- 15 00		Uncommon causes of obesity	Dr Mehjabeen Beebeejaun Mauritius
15 00- 15 15		Panel Discussion	
15 15 -15 30	5	Myths and Mysteries of GLP1 RA	Dr Abbas Raza Past President International Society of Endocrinology Pakistan Endocrine Society Pakistan
15 30- 15 45		Long-Term Outcomes of GLP1 RAs: Efficacy, Safety & Cardiometabolic Impact	Dr Shehla Shaikh, India
15 45 – 16 00		Metabolic Surgery	Dr Yovan Mahadeb, Mauritius
16 00 – 16 15		Panel Discussion	
16 15 – 16 30		Refreshment Break	

16 30 – 16 45	6	Management of Obesity: Position Statement of the Bangladesh Endocrine Society	Dr Afsar Ahammed Bangladesh Endocrine Society Bangladesh
16 45 – 17 00		Obesity and mental health	Dr Om Lakhani, India
17 00 - 17 30		Cardio and Renal Protection in T2D patients and obesity: trials and guidelines	Dr Laura Ledesma, Mauritius
17 30- 17 45		Panel Discussion	
17 45- 18 00		Closing remarks	
18 00 onwards		Cocktail	

4 CPD points

Fees- Rs 5000

Reserve your seat on <https://edamauritius.mu/events/eda-symposium-series-2026/>

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For accommodation please contact Hilton Resort and Spa Mauritius:

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